

**TILAK MAHARASHTRA VIDYAPEETH,
INSTITUTE OF NURSING EDUCATION AND RESEARCH, PUNE**

NAME OF THE EVENT- Skill Station On 'ANC Assessment'.

ORGANIZER: Tilak Maharashtra Vidyapeeth Nursing Department

TIME AND DATE – 14/10/2022 Time –12-1 Pm.

SPEAKER: Ms. Radha W. Shinde

PARTICIPANTS : Fourth year & Second Year ANM Nursing Students

VENUE: Maternal And Child Health Lab (MCH)

TOPIC ADDRESSED:

- Introduction to ANC assessment
- Meaning of Antenatal Assessment
- Definition of Antenatal Assessment
- Format to write Antenatal Assessment
- Role of Midwifery Nurse in Antenatal Counseling, Diet and Exercise.

Objectives:

Overall Objective: It is to ensure a normal pregnancy with delivery of a healthy baby from a healthy mother.

Specific objectives:

- To ensure the health status of the mother and the fetus, to formulate the plan of subsequent management.
- To monitor the growth and development of the fetus.
- To calculate the estimated date of birth.
- To obtain the baseline information against which the subsequent changes are assessed and which are of importance in the determination of the gestational age.
- To screen the 'high risk cases'.
- To prevent or to detect and treat the earliest any complications.
- To ensure continued medical surveillance and prophylaxis.

Under the guidance of Dr. Madhuri Shelke (Principal TMV, INER, Pune) I have conducted Skill station on ANC Assessment. The goal of conducting the skill station was to create the awareness

about early complications and to improve the knowledge of antenatal mothers regarding ANC assessment.

The session was very interactive along with discussion regarding the ANC counseling, ANC diet and ANC Exercises. Along with this I have explained the format to write ANC Assessment.

At the end of the session, the effectiveness of the seminar was assessed through the question and answers and re-demonstration of ANC Assessment.



Ms. Radha W. Shinde

Clinical Instructor



Prof. Mrs. Urmila Chaudhari

Programme Co-ordinator



Prof. Dr. Madhuri Shelke

Principal

Institute of Nursing

**Education & Research
Tilak Maharashtra Vidyapeeth Trust
Gultekdi, Pune - 411 037.**

